

PARK LIFE

February 2026 Newsletter



**THIS MONTH
AT GREEN PARK**

GreenPark 

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WELCOME TO FEBRUARY THIS MONTH AT GREEN PARK



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TEAM GREEN PARK TAKES ON READING HALF MARATHON

Green Park is proud to – once again – be the headline sponsor of the Reading Half Marathon 2026. On Sunday 22nd March we will be welcoming over 10,000 runners and spectators to our park – it's a proud moment for everyone involved!



This year, we're thrilled to have around 80 team members and occupiers lacing up their trainers to run in support of **Children Heard and Seen** – a vital charity that supports children with a parent in prison.

Children Heard and Seen provides therapeutic support and mentoring to help these often-overlooked children cope with the trauma and stigma they face, ensuring they have the opportunity to thrive despite their challenging circumstances. We've loved working with Children Heard and Seen as Green Park's partner charity this last year.

Whether you're running on the day or cheering from the sidelines, you can support our team by donating to this incredible cause. Every contribution will help Children Heard and Seen continue their essential work supporting vulnerable children across our region.

[Click here to make your donation and show your Green Park community spirit!](#)





YOUR FEBRUARY EVENTS CALENDAR

With Valentine's on its way, there's no surprises for guessing the theme for our February events schedule!

Every Wednesday:

As we shared in last month's Park Life, we're delighted to add **guitar lessons** to our events calendar, taught by local music champion Pete Doyle. He'll be joining us every Wednesday at 100 Brook Drive - come along and release your inner rock star.

Whether you're a complete beginner or looking to dust off an old guitar, Pete's welcoming sessions are the perfect midweek creative break.



10 February:

Join us for our **Valentine's Cup Cake Decorating Class!** Come along to create beautifully decorated sweet treats, perfect for sharing with someone special. Book your spot now and discover your Great British Bake-Off potential.



11 February:

Round up your colleagues and get ready for our annual **Valentine's Day Quiz.** It's set to be a fun, feel-good lunchtime event packed with laughs, love and a little friendly competition.



12 February:

We're hosting a **Bouquet Arranging Class** where you'll learn to craft beautiful floral arrangements just in time for Valentine's Day. Join us for this hands-on session and create something beautiful to brighten your workspace or take home.



17 February:

Come and celebrate Pancake Day with our **Pancake Making session!** Whether you prefer them sweet or savoury, join us to flip, toss and enjoy delicious pancakes with your Green Park colleagues at 100 Longwater Avenue.



RSVP on the Green Park app to secure your place at these events.

FEBRUARY APP DISCOUNTS

NUFFIELD HEALTH

Nuffield Health Fitness & Wellbeing Gym

As a Green Park occupier, you can enjoy an exclusive 15% discount on membership at Nuffield Health Fitness & Wellbeing Gym. All you need to do is show proof of being a Green Park occupier to redeem this discount.

A range of membership options are available:

- 12-month contract - £64 per month
- Monthly rolling contract - £78 per month
- Quarterly payment - £234
- Annual payment - £727



Nuffield Health's modern club is more than just a gym, offering you the best facilities, services and wellbeing experts so that you can enjoy an exceptional fitness experience that supports your health and wellbeing goals. The club features a fully equipped gym, swimming pool and spa, huge variety of classes and on-site experts including physiotherapists.



BLISS CARS

Occupiers at Green Park benefit from a 10% discount on Bliss Cars app bookings.

Use the discount code GREENPARK10 for all your taxi requirements.

PARK LIFE SPOTLIGHT - LEEP UTILITIES

We were delighted that, when Leep Utilities wanted to expand their Reading presence, the multi-utilities provider chose our refurbished space at 100 Brook Drive, one of Green Park's largest multi-let buildings. Welcoming the team to their new home, we caught up with Leep's Business Development Director, Matt Ling.

You've recently moved into the expanded space in Brook Drive. What was the driver for this decision?
We were already settled in Green Park but wanted to ramp up the amount of available space, as well as ensuring that the offices could be configured to our requirements and the way we work. We're a team of 25 in Green Park so it's about having the flexibility for this growth.

What aspects of life on the park do you and the team like to make the most of?
As with all teams, ours has quite varied interests but there really is something for everyone - be it fitness classes, street food pop-ups and the Summer and Winter festivals which have been really popular.

How will this move support Leep's growth and future plans?
The move will give us the additional capacity to comfortably accommodate our office-based colleagues as well as our field-based teams who need spaces to hold team meetings and undertake training. We hope to be able to attract the best recruits by showcasing our new offices as a positive differentiator during the recruitment process.

What does 2026 have in store for Leep - for the business, your team, and your customers?
A continuance of our proud track record to date. Delivering high quality solutions for our developer clients, excellent experiences for our supplied customers and continuing to ensure that we're a great place to work by supporting our team members to become the best that they can.

How does Green Park - with its amenities, events and green space - help foster Leep's workplace culture?
Colleague wellbeing is a key focus for the business so it's important that the physical and natural elements of the office and the wider campus positively support that. Green Park offers so much for an organisation like ours and means our team can tap into the amenities, green spaces and community available to them.



BIODIVERSITY UPDATE

Green Park's commitment to creating a sustainable, nature-rich environment received excellent news in December when the Wildlife Trust carried out our biodiversity benchmark audit.

This audit is key to our ongoing efforts to protect and enhance the natural habitats that make Green Park such a special place to work. We're looking forward to sharing the full results soon.

Meanwhile, our small resident badger population has been making headlines of their own. Recent activity suggests they've been exploring new areas across the park, with fresh setts discovered in various locations. This behaviour is completely natural at this time of year - with females currently pregnant, it's time for last year's cubs to find their own spaces.

To capture more of this, our biodiversity team will be installing wildlife cameras across the park in the coming weeks. It's reminders like these that Green Park isn't just a place of work - it's a thriving ecosystem rooted in nature and green wellbeing.





WHATS ON AT GREEN PARK IN MARCH

Mark your calendars as we have a whole host of events coming up next month. For more details or to book, download the Green Park app.

MONDAY

MONDAY SWEAT

Monday 12.15-13.00pm



TUESDAY

WALKING GROUP

Tuesday 12.15-13.00pm



CAR VALET

Tuesday 9.00am-16.00pm



OTHER EVENTS



ART CLASS (SKETCHING)

Wednesday 4th March



ENVIRONMENTAL FORUM

12th March



READING HALF MARATHON

Sunday 22nd March



EASTER EGG APPEAL

23rd March - 3rd April



EASTER WREATH MAKING

24th March



LUNCH & LEARN

24th March



STREET FOOD FESTIVAL

25th March



EARTH HOUR

28th March 8.30-9.30pm

WEDNESDAY

WEDNESDAY STRENGTH

Wednesday 12.15-13.00pm



GUITAR LESSONS

Wednesday 12.15pm - 13.00pm



CYCLE WORKSHOP

Wednesday (first Weds of each month) 8.00am - 17.00pm



BARBER

Wednesday 9.00am - 18.00pm



NAIL TECHNICIAN

Wednesday 9.30am - 14.00pm



THURSDAY

YOGA

Thursday 12.15-13.00pm



BI-WEEKLY

MASSAGE

Bi-weekly 10.00am - 18.00pm



GOT SOME NEWS?

Park Life is a newsletter for you – our Green Park occupiers. And we want to shine an even brighter light on our community here in the future, bringing more companies across the park together to learn more about each other, connect and collaborate.

Park Life is launching a new insider segment, where we go behind the scenes and into the workplaces of our brilliant occupiers, to find out how you work, how you rest, and how you play. We want to share stories of what real life on Green Park feels like and what it means to you.

To get involved, please contact our Events Manager jenny.barnes@greenpark.co.uk

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