PARK LIFE

December 2026 Newsletter



THIS MONTH AT GREEN PARK

GreenPark

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WELCOME
TO DECEMBER
THIS MONTH AT GREEN PARK



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MAKING CHRISTMAS MAGIC WITH GREEN PARK'S FESTIVE BAVARIAN VILLAGE

From Tuesday 1st to Friday 4th December, Lime Square will be transformed into a charming Bavarian Village.

Think: twinkling lights, seasonal treats and festive cheer overlooking our own ice rink.

Open every day from 12pm to 2pm, it's perfect for a festive lunch break with colleagues.

Thursday 3rd December is late night opening 5pm to 8pm, with food from Switch Café to make an evening of it.



You can look forward to:
- Sizzling street food and festive treats, including complimentary pretzels
- Seasonal drinks from our winter lodge bar
- Christmas music to get you and your colleagues in the festive spirit
- Live entertainment from Father Christmas, face painters, a yodeller, an alphorn player and an ice king crystal ball juggler
- Cosy seating areas to relax and catch up

Whether you're stopping by for a hot chocolate, meeting friends after work or simply soaking up the atmosphere, it's the perfect way to celebrate the season together.







HELP THE COWSHED BRING CHRISTMAS JOY TO LOCAL CHILDREN

Green Park occupier, The Cowshed, is running its Christmas Project again this year, and it's a lovely chance for the Green Park community to get involved.

The Cowshed is a local charity that believes every child deserves the magic of Christmas. But for many local families facing poverty, crisis or homelessness, the festive season brings worry rather than joy.

Last year, The Cowshed delivered lovingly chosen, beautifully wrapped presents to more than 3,000 children. Each gift is tailored to the child, packed into a handmade sack by a team of volunteer elves and delivered in time for Christmas morning.

There are plenty of ways you and your team can help:
- Buy a present from The Cowshed's Amazon Wishlist to go straight into a child's sack
- Sponsor a sack and cover the cost of a child's gifts
- Run a festive fundraiser at work, such as a Christmas jumper day, quiz or bake sale
- Donate during Big Give Week, from 1st to 8th December (midday), when every donation is doubled at no extra cost to you.





THE COWSHED

Find out more at thecowshed.org/christmas-present-appeal.

YOUR DECEMBER EVENTS CALENDAR



BAVARIAN WINTER
Tuesday 1st -
Friday 4th December

GREEN PARK'S Bavarian WINTER



WINTER SKATING RINK
23rd November -
10th December



WREATH MAKING
Wednesday 2nd December
and Thursday 3rd December



THE GIVING TREE
23rd November - 11th December



GINGERBREAD DECORATING
Tuesday 8th December



ENVIRONMENTAL FORUM
Tuesday 1st December



CHRISTMAS JUMPER DAY
Friday 11th December

GET FIT ON YOUR DOORSTEP WITH OUR NEW PT POD

Your fitness programme has just got easier with Green Park's new PT Pods, giving occupiers free access to professional fitness support right here on the park from January.

Located on the grass area between 200 and 250 Longwater Avenue, the pod is a fully equipped, climate-controlled private training space. Every session is guided, every workout is structured, and a real coach can join you on screen in seconds.

Inside the pod, you can:

- Book and unlock sessions via the app
- Follow guided classes on the integrated screen
- Connect with a live personal trainer over video
- Train with premium strength and functional equipment





The PT Pod is the latest addition to our growing wellbeing offer at the park and part of our commitment to an exceptional people-focused working environment. Look out for more wellbeing announcements for next year soon!

You can gain access to the Pods in three steps, all in the app:

- Download the PT Pods app and create an account.
- Tap Free credits from your company on the home screen and tell us your name, where you train and who you work for.
- We reply on WhatsApp with your company's activation code. Enter it in the app and your free credits are added, ready to book.

Download on the App Store

GET IN ON Google Play

RAIN OR SHINE - LIME SQUARE'S STRETCHED TENT

From Thursday 26th November, Lime Square will have a brand-new stretched tent, offering a versatile, weather-protected space for events and get-togethers all year round.

With covered seating and shelter from the elements, it means you can enjoy Lime Square whatever the weather - whether that's grabbing lunch in the fresh air, meeting a colleague or joining one of our community events.
As Lime Square continues to become a key Green Park hub, keep an eye on Park Life for everything else we have planned in 2027.

GIVING TREE APPEAL - SHARING FESTIVE KINDNESS

Green Park's Giving Tree Appeal is back this Christmas, giving everyone at Green Park a simple way to make the festive season brighter for people in our local community.

This year, we're supporting BIBS (Babies in Buscot Support) and Refugee Support Group.
Our Front of House team is also lending a hand behind the scenes, supporting Connect Reading by writing the gift tags for the appeal.

Every tag taken and every gift returned makes a real difference, so please pop by and pick one up.



BIBS · Refugee Support Group · Connect Reading

THURSDAY NIGHTS AT SWITCH CAFE

Switch Café is now open on Thursday evenings from 4pm to 8pm, giving you the perfect spot to unwind with colleagues at the end of the working day.

Antony and his team offer something for everyone with their locally-sourced menu from burgers, loaded hash browns and chicken goujons as well as their award-winning breakfasts.



On the last Thursday of each month, stay a little longer for live music from 6pm to 7:30pm. You'll hear our very own Pete Doyle, alongside other talented artists from across the Thames Valley.



Whether it's a team catch-up, a celebration or simply a well-earned drink before heading home, we'll see you there.

SPOTLIGHT ON... THE ARTISAN UPRISING

Jodie Anderton and Claire Anderton-Bell launched The Artisan Uprising nine years ago to champion local makers, growers and small businesses. From Saturday 28th November, they're bringing a weekly market to Green Park. We caught up with co-founder Jodie for this month's Spotlight.



Q: Tell us a little bit about The Artisan Uprising. How did it start, and what keeps the market so popular?
Claire and I used to trade at markets with Nood, our eco-skincare brand. We loved the vibe and realised Caversham didn't have a market of its own, so we approached local landlords. Markets bring so much life and buzz to a place.
Nine years on, it's gone from strength to strength. Even during Covid, we adapted so traders kept an income and people could still come together.

Q: Why Green Park, and why now? What made it feel like the right place for your next weekly market?
We wanted to expand into Reading, and Green Park is a lovely location, with a huge residential community as well as businesses. Keeping things local and accessible is the whole point of a market.
Some traders will be familiar from Caversham and some will be new. We're careful not to duplicate what's already here; we're here to complement Green Park's offer. We have a waitlist of traders and a reputation for looking after them so we want to protect that.

Q: What does supporting local makers mean to you, and why does it matter for a community like Green Park?
I'm a local maker myself, so I know what that support means. Small businesses don't have big marketing budgets, so a well-run market is often our only advertising - it's literally a shop window. Green Park puts so much focus on local independents, so our values really align.

Q:You really champion local businesses in the Reading area. What keeps you doing this?
I understand both sides, and I know how hard it is. These businesses make our towns the places they are and bring real human spirit, so it's so important to keep them alive.

Q:What's next for The Artisan Uprising at Green Park?
I'd love to open more Artisan Uprising markets. We never compromise on quality: every stallholder must make or grow what they sell and we're modern in how we keep things exciting.
At Green Park, we want to create a destination for everyone. Jump on the train, visit the market, pop into Bakeshop and Switch, and it's a lovely day out. We want it to be the place to be on a Saturday, where you can sit, connect and support a local business.



WHATS ON AT GREEN PARK IN JANUARY

Mark your calendars as we have a whole host of events coming up next month. For more details or to book, download the Green Park app.

MONDAY

MONDAY SWEAT

Monday 12.15-13.00pm



TUESDAY

WALKING GROUP

Tuesday 12.15-13 00pm



OTHER EVENTS



FRENCH AND SPANISH CLASSES

Week commencing 25th January



WEDNESDAY

WEDNESDAY STRENGTH

Wednesday 12.15-13.00pm



GUITAR LESSONS

Wednesday 12.15-13.00pm



NAIL TECHNICIAN

Wednesday 9.30am-14.00pm



CYCLE WORKSHOP

Wednesday (first Weds of each month) 8.00am-17.00pm



THURSDAY

YOGA

Thursday 12.15-13.00pm



FRIDAY

BARBER

Friday 9.00am-18.00pm



TWICE WEEKLY

DRY CLEANING

Tues/Thurs at 10.00am



BI-WEEKLY

MASSAGE

Bi-weekly 10.00am-18.00pm





GOT SOME NEWS?

Park Life is a newsletter for you – our Green Park occupiers. And we want to shine an even brighter light on our community here in the future, bringing more companies across the park together to learn more about each other, connect and collaborate.

Park Life is launching a new insider segment, where we go behind the scenes and into the workplaces of our brilliant occupiers, to find out how you work, how you rest, and how you play. We want to share stories of what real life on Green Park feels like and what it means to you.

To get involved, please contact our Events Team on events@greenpark.co.uk

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