

# PARK LIFE

## Summer 2024 Newsletter

Exciting New Partnership | Making Green Park Greener | Getting to know



## THIS QUARTER AT GREEN PARK





# WELCOME

Welcome to our Summer issue of Park Life.

It's been amazing to see Green Park return to peak summertime this season! Whether it's our amazing seasonal events schedule or the way our biodiversity team continues to transform the green spaces and lake areas, the park is truly buzzing.

Thank you to our events team for hosting an unforgettable Summer Carnival last month. While we can't take credit for the weather, we always want to deliver events that resonate and connect our community, so to see so many occupiers be part of the array of activities -from fire throwers through to the Banana Splat - is incredibly rewarding for the team. The feedback has been incredible too.

Contributing to the community in Reading and its surrounding areas is an absolute priority for Green Park. We're thrilled to be partnering with Reading FC Community Trust as our charity of the year, supporting its work with marginalised young people through its initiatives. We feel very aligned to the Trust's mission and look forward to supporting them in any way we can.

We still have a host of events scheduled for the rest of the summer, including our regular Street Food Festival as well as our Open Air Cinema. Remember too, that we have three boats available if you fancy taking time out on our beautiful lake. Simply book at book on [lifeatgreenpark.co.uk](http://lifeatgreenpark.co.uk)

As always, if you have any questions or feedback on our events programme, please email [jenny.barnes@greenpark.co.uk](mailto:jenny.barnes@greenpark.co.uk).

In the meantime, wishing you a happy and restful summer.

Rory

Rory Carson  
Green Park's Asset  
Manager



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### ABOUT MAPLETREE

Headquartered in Singapore, Mapletree is a global real estate development, investment, capital and property management company committed to sustainability. Its strategic focus is to invest in markets and real estate sectors with good growth potential. By combining its key strengths, the Group has established a track record of award-winning projects, and delivers consistent and high returns across real estate asset classes.

The Group manages three Singapore-listed real estate investment trusts ("REITs") and eight private equity real estate funds, which hold a diverse portfolio of assets in Asia Pacific, Europe, the United Kingdom ("UK") and the United States ("US"). As at 31 March 2023, Mapletree owns and manages S\$77.4 billion of office, retail, logistics, industrial, data centre, residential and student accommodation properties.

The Group's assets are located across 13 markets globally, namely Singapore, Australia, Canada, China, Europe, Hong Kong SAR, India, Japan, Malaysia, South Korea, the UK, the US and Vietnam. To support its global operations, Mapletree has established an extensive network of offices in these countries. For more information, please visit [www.mapletree.com.sg](http://www.mapletree.com.sg).

# GREEN PARK PARTNERS WITH READING FC COMMUNITY TRUST

The Green Park team is delighted to partner with Reading FC Community Trust as our 2024 charity of the year.

As a registered charity, Reading FC Community Trust is the community arm of our neighbours, Reading FC. The Trust aims to enrich the lives of a diverse and often disadvantaged community through sport whilst building and protecting a meaningful connection between the town, its people, and their local football club.

Through its programmes with schools, colleges, youth clubs/services, grassroots teams, sports centres and universities, the Trust helps more than 3,500 participants every week, as well as working alongside the football club to deliver player appearances and matchday experiences to young people and families.

As our charity of the year, we will lead a series of fundraising initiatives to support Reading FC Community Trust, including a dedicated team raising money as part of the Reading 10k and a bespoke fundraising quiz night alongside other planned initiatives.

**A few words from Richard Witt, Community Trust Deputy Manager/ Social Inclusion Manager,**

"As an independent charity, the Community Trust relies on support and funding from organisations to ensure we can continue our essential work to care for, develop and educate people of all ages, cultures, backgrounds and abilities from within the Reading and surrounding areas. Having incredible partners like Green Park means we can continue to significantly increase the life-changing support vulnerable young people need to make a positive impact within our local community."

Find out more about this brilliant charity's work at [www.readingfc.co.uk/community-trust/](http://www.readingfc.co.uk/community-trust/).



READING FC  
COMMUNITY  
TRUST



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# SUMMER CARNIVAL FUN

Thank you to everyone who made Green Park's Summer Festival the biggest, best and hottest to date! We were lucky enough to have one of the nicest days of summer so far – admittedly not hard!

Thank you to all the teams who came out to enjoy the explosive entertainment which included carnival dancers, butterfly stilt walkers and fire throwers. Banana Splat, Surf Simulator, Live Wire, Flying Flamingos, Ring Toss and Tropical Match were just some of the sizzling activities guests could enjoy and get involved in, making it a great company or team day out.

Our brilliant street food partners were Giant Pineapple Bar, Tripoli Express, Papa J, Spicy Fusion Grill, Angels Kitchen and Genuine Dining (who run Byte & Perk Cafes) all giving guests a huge range of culinary choices, as well as complimentary candy floss and popcorn.

A special thank you goes to our wonderful occupiers, Pierre Fabre, who provided their brilliant sun creams for everyone there.

We have a busy summer schedule for events, including Green Park's Open Air Cinema. For more details, head to [www.greenpark.co.uk](http://www.greenpark.co.uk).



# EVENTS

Our 500+ events programme continues to underpin the life at Green Park experience.

With kids at home, summer holidays and busy weekends, it can be hard to stay on top of everything. Here's some dates you don't want to miss:

1st August  
Cycle To Work Day

7th August  
Open Water Swim

13th August  
Craft Class - Shibori Tie Dye

14th August  
Street Food Festival

21st & 22nd August  
Open Air Cinema

10th September  
Biodiversity Working Group

w/c 16th September  
Language Classes

24th September  
Bat Walk & Talk



# BIODIVERSITY UPDATE

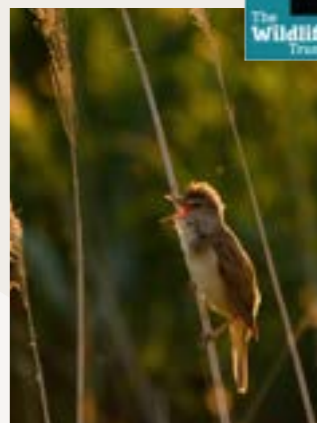
Our Biodiversity Team continues to share success stories from across the park.

**A haven for birdlife** - Longwater Lake is home to impressive occupancy rates with over 53% of the bird boxes around the lake currently occupied. The team has documented 20 active nests. Excitingly, we've seen the return of the reed warbler, last spotted in the park in 2020.

**Homes for healthy hedgehogs** - The team completed several hedgehog surveys in April and May, using mammal tunnels. The tunnels are marked with food, a mixture of vegetable oil and charcoal, and paper, so that when the animals enter the tunnel, they get the non-toxic oil mix on their paws. When they exit, the hedgehogs leave footprints for the team to identify and can see if there are hedgehogs present in that area of the park. The team were lucky enough to spot hedgehogs in the footprint tunnel, and on camera at one of three locations during their first monitoring survey.

**A rich diversity of species** - The wildlife cameras also picked up many other signs of wildlife, with sightings of muntjac deer, foxes, wood mice and rabbits. The variety of species sharing the same spaces for food and shelter demonstrates how continuous edge habitats such as scrub are extremely valuable for biodiversity at Green Park, providing food and warmth.

These highlights show the value of Green Park's commitment to landscaping and nurturing biodiversity across our 195 acres of parkland, showcasing the thriving wildlife and emphasising the critical role that thoughtful conservation efforts play in maintaining and enhancing local biodiversity



# CELEBRATING EARTH DAY THROUGH EDUCATION

To support Earth Day 2024, our Biodiversity Team joined Green Park Village Primary School's Reception class, to share more about the range of biodiversity we have here at Green Park.

Earth Day is an annual event, on the 22nd April, that demonstrates and encourages support for environmental protection.

The children were shown a bat box, bird box and a hedgehog tunnel, and leaves from different species across the park.

The team further enriched learning with colouring activities and collages so the children could recreate their own ecosystem in the classroom.

The team received great feedback from the school following this visit; if you would like to organise a visit from the Biodiversity Team for a local school in your area, please email [jenny.barnes@greenpark.co.uk](mailto:jenny.barnes@greenpark.co.uk).





# GREEN PARK GETS IT'S MAT ON

We were delighted to partner with Jo Hanks, founder of Get On Your Mat yoga for weekly yoga classes at Green Park.

Hosted at 100 Longwater at 12.30 every Thursday – outside, if possible! – it's been great to see the classes go from strength to strength in such a short space of time.

Jo, who is also a qualified nutritionist and kinesiologist and runs her own practice in Henley, specialises in working with clients to embrace a truly holistic way of living, eating, thinking, moving & breathing in balance.

She says, "It's amazing to be able to bring yoga, mindfulness and wellbeing into the Green Park workplace. Over the years, I've seen how this can be the most accessible way for organisations' busy, successful employees to get away from their desks to refresh and enjoy some "get on your mat" time. I'm so thrilled to be here with this amazing group of humans!"

She adds, "My classes are designed for all abilities, which includes beginners, for everyone to restore your energy levels and rebalance your nervous system, leaving you feeling relaxed, restored and transformed."

Jo provides mats and blocks, so just pop something comfy on and join her next Thursday!



# GOT SOME NEWS?

Park Life is a newsletter for you – our Green Park occupiers. And we want to shine an even brighter light on our community here in the future, bringing more companies across the park together to learn more about each other, connect, collaborate.

Park Life is launching a new insider segment, where we go behind the scenes and into the workplaces of our brilliant occupiers, to find out how you work, how you rest, and how you play. We want to share stories of what real life on Green Park feels like and what it means to you.

To get involved, please contact our Events Manager [jenny.barnes@greenpark.co.uk](mailto:jenny.barnes@greenpark.co.uk)

[www.lifeatgreenpark.co.uk](http://www.lifeatgreenpark.co.uk)

SUMMER NEWSLETTER



## GREEN PARK READING 10K

We were delighted to welcome thousands of runners of all abilities and ages to the Green Park Reading 10k in June.

Over xxx runners signed up this year, to run in either the 10K, 3K or Mini Mile.

The atmosphere was off the charts this year – a brilliant day out for everyone!

Green Park proudly had a team of 22 people this from across our occupier community and the organisation, all raising money for Reading FC Community Trust.

Please get in touch if you would like to be part of our 2025 team!

Huge thank you to all the volunteers who make this event possible. If you want to be part of the day but running's not for you, do get in touch

Volunteer with Us



## CELEBRITY CHEF TAKEOVER

BBC Masterchef 2006 finalist, Daksha Mistry, took over Byte Cafe on 2nd July with a delicious Indian inspired menu.

Daksha hails from the Western Indian state of Gujarat. Brought up in East Africa and moving to Britain during her teens, Daksha's life has made her uniquely placed to merge the culinary heritage of India.

Daksha's specially created menu included Channa Masala, Aubergine & Potato Curry, Edamame & Spinach Curry, Green Chutney with Tomatoes & Mint, Onion Bhaji Roti, Cucumber Raita, Papadoms, Kachumber Salad.



## FIT FOR WORK MASSAGE

Do you suffer from laptop back? Or tight hips from one too many Teams Calls? Simply need to take an hour to soothe out the cricks of another day at your desk?

We're delighted to have Dave Mcloughlin from Fit for Work Massage join us onsite monthly, at 100 Brook Drive, offering a range of treatments from sports and relaxation massages through to acupressure.

You can book a session – keeping you fit, productive and thriving – via [www.lifeatgreenpark.co.uk](http://www.lifeatgreenpark.co.uk).

For more info, go to <https://fitforworkmassage.com/>

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