Caroline's tips: Released in January 1984 on the soundtrack of the movie Footloose featuring Kevin Bacon it spent 3 weeks in the American charts at no1. It was later nominated for an Academy Award for Best Original Song losing to Stevie Wonder's 'I Just called to Say I Love you'. The movie sees the character played by Kevin Bacon moving to a small Midwestern town where dancing and rock music have both been made illegal (!) We then watch his uphill battle to try and turn this law around. The song reflects the general need to cut loose and go wild and we can feel this in the style of the song and its lyrics. So why don't we do just that! Cx



Music & Lyrics by Kenny Loggins & Dean Pitchford. Created for Rock Choir by Rock Choir 2018 CRL. (2) Reproduced by permission of Sony/ATV Harmony UK and Universal/MCA Music Limited.

Footloose

Verse 1	Been work-in' so hard- I'm punch-in' my card Eight hours for what? Oh tell me (Sops/Altos) what I got (Bass) I got this feeling (Sops/Altos) I got this feel-in' (All) that time's just hold-in' me down
	(Bass) I'll hit the ceilin'(Sops/Altos) I'll hit the ceil-in' (All) or else I'll tear up this town
Chorus 1	Now I got-ta cut loose- foot-loose! Kick off your Sun-day shoes Please, Lou-ise, pull me off of my knees Jack, get back, come on be-fore we crack Lose your blues, ev-'ry-bod-y cut foot-loose
Verse 2	You're play-in' so cool, o-bey-in' ev-er-y rule Dig way down in your heart You're burn-in', yearn-in' for some (Bass) -bod-y (Sops/Altos) Some-bod-y to tell you (All) that life ain't pass-in' you by (Bass) I'm tryin' to tellyou (Sops/Altos) I'm try-in' to tell you (All) it will if you don't ev-en try
Chorus 2	Now I got-ta cut loose- foot-loose. Kick off your Sun-day shoes Please, Lou-ise, pull me off of my knees Jack, get back, come on be-fore we crack Lose your blues, ev-'ry-bod-y cut foot <u>- (sops) loose</u>
Bridge	"Cut-foot-loose-ah" "Cut-foot-loose-ah" "Cut-foot-loose-ah" "Cut-foot-loose-ah" (Bass) AhFirst! (Sops/Altos) You've got to turn me a-round (Bass) Sec-ond! (Sops/Altos) and put your feet on the ground (Bass) Third! (All) now take a hold of your soul Ah
Chorus 3 & 4	I'M TURNIN' IT LOOSE! Foot-loose. Kick off your Sun-day shoes Please Lou-ise, pull me off of my knees Jack! Get back! Come on be-fore we crack Lose your blues, ev-'ry-bod-y cut foot-loose Foot-loose. Kick off your Sun-day shoes Please, Lou-ise, pull me off of my knees Jack! Get back! Come on be-fore we crack Lose your blues.
Finale	Ev-'ry-bod-y cut ev-'ry bod-y cut! Ev-'ry-bod-y cut ev-'ry bod-y cut! <i>"Ev-'ry-bod-y cut ev-'ry bod-y cut!"</i> EV-'RY BOD-Y Ev-'ry bod-y cut foot-loose!

Rock Choir Ltd t/a Rock Choir, Registered in England and Wales, company no 05998336, A list of directors is available at the registered office, Registered office Unit 7 Hurlands Business Centre, Hurlands Close, Farnham, Surrey GU9 9JE, Tel 01252 714276, e-mail office@rockchoir.com, website www.rockchoir.com