



GreenPark 
Discover better



Green Park Environmental Forum

Rachel Widdows | 20th June, 2018

Agenda

1. Update from last meeting
2. Introduction to Knight Frank
3. Faye Kelland – National Biodiversity Week – what we did
4. Rachel Widdows – Improving your Recycling - tips!
5. Rachel Widdows / Colette Cashley - Recycling workshop
6. Adrian Turner – Waste Management and Recycling Update
7. Key Dates and Events coming up
8. AOB
9. Q and A / Networking

Update from last meeting

- ✓ Provide key contact list – waste, biodiversity, energy etc
- ✓ <https://my.greenpark.co.uk/wildlife-and-environment/biodiversity-and-park-information>
- ✓ Investigate ‘bring a coffee cup’ schemes
 - Bring a coffee cup scheme already in place and 10p off each cup is given
 - G&G are also in the process of exploring options to sell their own branded reusable travel cups
 - An occupier within 100LWA has bought every member of their team a company branded travel cup
- ✓ Update building recycling guides and upload to Extranet (Adrian Turner is on the Agenda)

Introducing Knight Frank

GreenPark 
Discover better



National Biodiversity Week – Review

Faye Kelland | 20th June, 2018

Biodiversity Week

21st – 24th May

Nature Walk

Brian Clews

Walk around the grounds to see what wildlife we could see which included:

- Jays
- Grass Snake
- Reed Warblers
- Coots
- Moor Hens
- Great Tits
- Blue Tits
- Swans and cygnets
- Dragonflies



Falconry

Jason from Falconry UK came with a variety of raptors from around the world including:

- Pygmy Falcon
- Kookaburra
- Verreaux Milky Eagle Owl
- White Faced Scops Owl
- Tawny Frogmouth



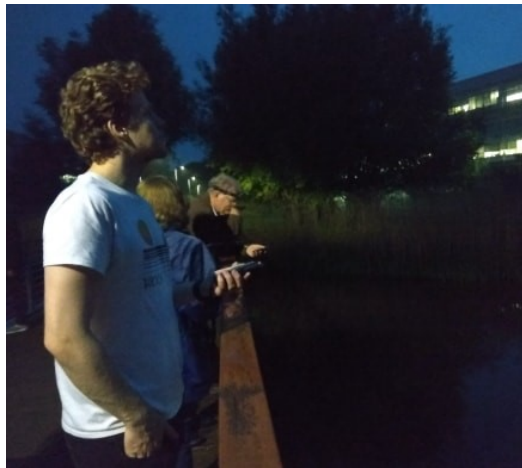
Insect Investigation and Bee Introduction

- Walk around the ground with insect jars to see what is in the undergrowth
- Introduction into Beekeeping and honey tasting with Rob Nickless



Bat Walk and Talk

- Biodiversity Quiz
- Presentation given by Stacey Waring about bats of the UK
- Walk with bat detectors and heard:
 - Common Pipistrelle
 - Soprano Pipistrelle
 - Nathusius Pipistrelle
 - Daubenton's bat
 - Noctule
 - Brown long eared



Feedback

- Would you want any other events?
- How many species of bird do you think we have registered on the park?





GreenPark
Discover better



Improving your Recycling

Rachel Widdows | 20th June, 2018

How big is the problem?

- An office of 100 people produces on average 20 bags of waste a week. This fills one 1,100L waste bin a week
- This is equivalent to filling fifty 1,100L waste bins in a year!
- Over 90% of office waste can be recycled.



‘Recycling. We do. Because it matters.’

Recycling conserves resources and helps protect the environment

- Recycling helps conserve important raw materials and protects natural habitats for the future.
- Recycling reduces the need for extracting (mining, quarrying and logging), refining and processing raw materials

Recycling saves energy

- Using recycled materials in the manufacturing process uses considerably less energy than that required for producing new products from raw materials, including transport, extraction, refining etc.
- As recycling saves energy it also reduces greenhouse gas emissions, which helps to tackle climate change.

Recycling reduces landfill

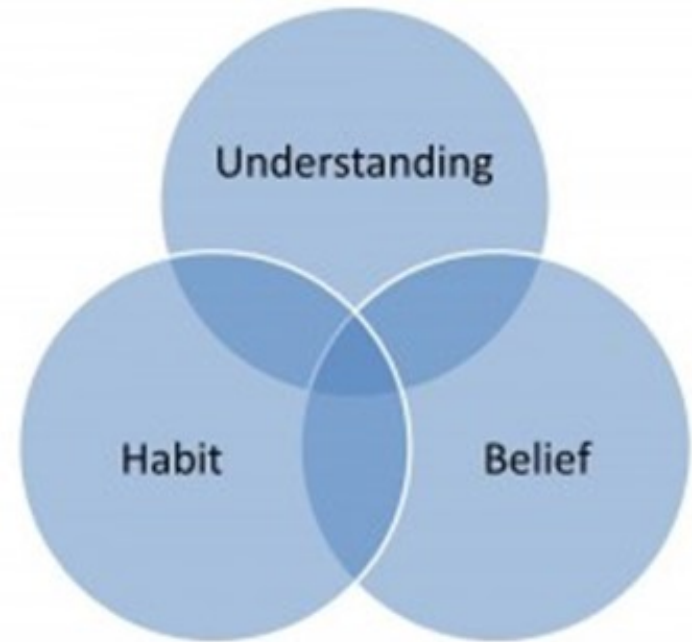
- Recyclable materials are reprocessed into new products, and the amount of rubbish sent to landfill sites reduces.

Communication

- Tell everyone where your recycling point is and what can be recycled
- Posters, stickers, colours, pictures, labels!
- We all recycle, but who is the expert in your office?
- Run a recycling awareness day – engage employees
 - understanding, beliefs and habits
- Focus on the financial and environmental costs associated with waste production and highlight the potential savings if everyone was on board.

Resistance

- Understanding - spend a week collecting all the waste in your organisation and then display the waste in a very visual place.
- Belief - measure of performance e.g. how much waste is generated
- Habit – e.g. not using personal waste bins



Invest in good bins and labelling

- Start with having a recycling bag, a box or a bin next to your rubbish bin – make sure they look good and are highly visible.
- Use colour coded bins which are prominently displayed in the office.
- Empty your recycling storage point regularly. Talk to everyone in your office about who is going to be responsible for this.
- Place a paper-recycling bin next to the photocopier
- Separate food waste for composting / a wormery
- Try removing personal waste bins from desks to increase use of recycling facilities



Thinking beyond Recycling

MOST PREFERRED OPTION



PREVENTION

Maximum conservation of resources

REUSE

Reusing materials

RECYCLE

Recycling and reprocessing materials

ENERGY RECOVERY

Energy recovery prior to disposal

DISPOSAL

Landfill and incineration without energy

LEAST PREFERRED OPTION

Reduce your paper consumption

- Print only when necessary
- Set up all printers on black and white and double-sided (i.e. duplex printing)
- Set up 'pull printing' or 'FollowMe printing'
- Over 30% of print jobs sent to a printer are never collected (i.e. they become waste!)
- Try to remove desk printers which lead to higher printing costs
- View documents online
- Contact senders of unwanted mail and ask to be removed from their mailing lists
- Trial paperless meetings

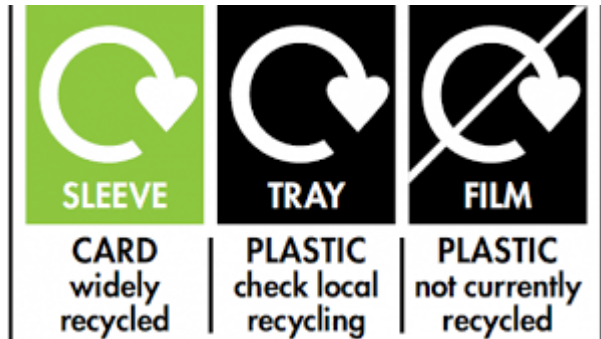
Reduce or reuse

- Take time to look at other articles in your waste stream (stationery, toners, cardboard, furniture, IT equipment etc.) and explore ways to reduce consumption or reuse materials.
- Organise a stationary amnesty to replenish your stationary cupboard for free
- Create a “drop zone” in the office for reusable items
- Single-use plastic
 - Mugs, drinks bottles
 - Crockery and cutlery
 - Paper straws

Recycling – Practical Session

- You have been given a selection of waste materials.
- Can you decide whether it is recyclable or not?
- Which bin does it go in?
 - General Waste
 - Dry Mixed Recycling
 - Other
- 10 minutes to sort your waste and report back to the group
- Discussion

Symbols



Plastics!



General Tips

- Rinse - only recycle clean materials
- Remove lids and plastic film
- Flatten your cardboard boxes
- All your plastic bottles can be recycled
- Paper - newspapers, envelopes, wrapping paper, birthday cards and even phone books.
- All types of cardboard can also be recycled, even toilet roll tubes and drinks cartons.
- Most metallic items are also recyclable - It's not just cans and tins you can also recycle, but kitchen foil and even empty aerosols.



GreenPark
Discover better



Update – Waste Management
Adrian Turner

One to Ones

- Rachel Widdows – Green Park Environmental and Sustainability Consultant
- Looking to arrange one to one meetings with occupiers across Green Park, both single and multi lets.
- To discuss on an individual basis what is and what is not important to the occupiers relating to environment and sustainability. Discuss what we want to achieve on Green Park and how your company can be part of it!
- Contact Details:
- Tel: 020 8279 0225 / 07960584998
- Email: Rachel@rachelwiddows.co.uk

Key Dates and Events

12th July – Nature Walk around Green Park

6pm to 8pm with Brian Clews

12th September, 2018 - Next Environmental Forum

24-30 September 2018 - Recycle Week

This year's theme will be: 'Recycling. We do. Because it matters.'

<https://partners.wrap.org.uk/assets/10923/>

Any other business?

Summary of Discussions

To be provided following this meeting